



MAHARAJA EDUCATION TRUST
MIT FIRST GRADE COLLEGE

(Affiliated to University of Mysore)
Manandavadi Road, Mysuru-08



Sports Report as a part of Institutional program on gender sensitivity in providing facilities	
INDEX	
Year of Event held	Page No.
2021-2022	2
2020-2021	5
2019-2020	7
2018-2019	9
2017-2018	11

Sport Report 2021-2022

College Team Participation



Our college Tennikoit team participated and qualified for University of Mysore Inter-Zonal Competition at Holenarasipur, Hassan.

Inter-Collegiate Sports Competitions



Inter-Collegiate Kabaddi & Table Tennis Competitions organized in association with Physical Education Department, University of Mysore


Chamundi Zone Kabaddi and Chess Tournaments



Chamundi Zone Kabaddi & Chess Tournaments were organized by MIT FGC, for which numerous colleges participated in the event


Sport Report 2020-2021


Yoga for Women

MIT FIRST GRADE COLLEGE Manandavadi Road, Mysore-08	
DEPARTMENT	Physical Education and Sports
Event	Yoga for Women
Resource person	Prof. Shylaja B.S & Asst. Prof. Rohini mugur
Date	03/02/2021
Venue	Auditorium, MIT FGC
Report: Under the guidance of Mr. Prathap S.A, PED, Prof. Shylaja B.S, HOD, Commerce and management & Asst. Prof. Rohini Mugur, computer science dept. demonstrated few asana in yoga for our college girl's students and women faculty members.	
	


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Fort Mohalla, Mysuru-570 003

Self-Defence Demonstration Technique

MIT FIRST GRADE COLLEGE Manandavadi Road, Mysore-08	
DEPARTMENT	Physical Education and Sports
Event	Self-Defense Demonstration Technique and Lecture on Women Safety
Resources person	Dr. Ramani D and Mr. Shyam S Madakasira
No. of students participated	68
Date	05/02/2021
Venue	Auditorium, MIT FGC
Report: Dr. D. Ramani, Director, Dept. of Physical Education & Sports Science, Maharani's Science college for Women, Mysore. Addressed students' issues related on women safety and how education plays a vital role in the society and Mr. Shyam S Madakasira demonstrated self-defense techniques to our college girl's students & female faculty members.	
	


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Sport Report 2019-2020

Circular

Date : 17/01/2020

Memo

All the students are hereby informed that the sports day will be held at Railway Grounds on Friday, the 31st Jan 2020. The following games will be held on that day. Students interested to participate in the games are hereby informed to give their names to the Director, Dept. of Physical Education / Sports Committee members of the college before 3:00PM of 28th Jan 2020.

Boys

- 1) Cricket
- 2) Kabaddi

Girls

- 1) Throw Ball

Athletics (Boys and Girls)

- 1) 100 Meter sprint race
- 2) Shot put

Sports Committee members

VARSHINI P
MURALIMANO HAR M R
CHANDAN KUMAR

ARVIND G
SUNITHA S P
PUNEETH

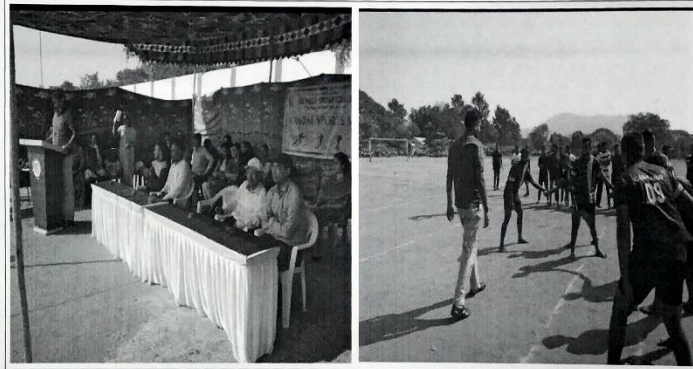
Prathap P S A
Physical Edu. Director
MIT FIRST GRADE COLLEGE
29/1, 3rd Stage, Industrial Suburb
Fort Mohalla, Mysore - 570 008.

K. M. S. S.
Principal
M.L.T. FIRST GRADE COLLEGE
F-29/1, 3rd Stage, Industrial Suburb
Fort Mohalla, Mysuru - 570 008

MIT FIRST GRADE COLLEGE
Manandavadi Road, Mysore-08

DEPARTMENT	Physical Education and Sports
Event	11 th Annual Sports Meet
Date	31/01/2020
Venue	Railway sports ground, opposite to MIT FGC

Report: The Chief Guest for the day was Shri. Abhishek K.S, National Kabaddi Player, Mysore. The day started off with National Anthem, followed by presidential address by Mr. N.R Manjunath, Correspondent, GSI, Mysore. Chief Guest emphasized the importance of sports. He also pointed out that sports is not just for fun, it helps to build one's self esteem and self confidence in order to become most accomplished person. Our beloved Principal Prof. K Nagegowda, Vice-Principal Dr. M Chandrajith, Mr. Prathap S A, PED, Sports committee members, HOD's of all department, teaching and non-teaching staff were present on the occasion. The sports event is followed by Cricket, Kabaddi, Throw Ball, Shot-Put, 100 Meter Sprint Race and Musical Chair.



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Sport Report 2018-2019

Circular

Date : 18/01/2018

Memo

All the students are hereby informed that the sports day will be held at Railway Grounds on Tuesday, the 23rd Jan 2018. The following games will be held on that day. Students interested to participate in the games are hereby informed to give their names to the Physical Director/ Sports Committee members of the college before 1:00PM of 22nd Jan 2018.

Boys

- 1) Cricket

Girls

- 1) Throw Ball
- 2) Tug of war

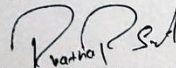
Athletics (Boys and Girls)

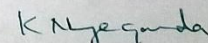
- 1) 100 Meter sprint
- 2) Shot put

Sports Committee members

Dr. M.CHANDRAJITH
MURALIMANO HAR M R

ARVIND G
SUNITHA S P


Physical Edu. Director
Physical Education Director
MIT FIRST GRADE COLLEGE
29/1, 3rd Stage, Industrial Suburb
Fort Mohalla, Mysore - 570 024.


Principal
PRINCIPAL
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Fort Mohalla, Mysuru - 570 024

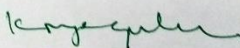
MIT FIRST GRADE COLLEGE

Manandavadi Road, Mysore-08

DEPARTMENT	Physical Education and Sports
Event	9 th Annual Sports Meet
Date	23/01/2018
Venue	Railway sports ground, opposite to MIT FGC

Report: The Chief Guest for the day was Dr. C. Venkatesh, Associate Professor, Department of Physical Education and Sports Science, UOM, Mysore. The day started off with National Anthem, followed by presidential address by Shri. N.R Manjunath, Correspondent, GSI, Mysore. Chief Guest emphasized the importance of Nutrition by stating from recent survey and he advised students not only to participate for the sake of sports day event, if played regularly it will strengthen mind and soul. Our beloved Principal Prof. K Nagegowda, Vice-Principal Dr. M Chandrajith, Shri. Prathap S A, PED, Sports committee members, HOD's of all department, teaching and non-teaching staff were present on the occasion. The sports event is followed by Cricket, Throw Ball, Shot-Put, 100 Meter Sprint Race, and tug of war.




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Sport Report 2017-2018

Circular

Date : 18/01/2018

Memo

All the students are hereby informed that the sports day will be held at Railway Grounds on Tuesday, the 23rd Jan 2018. The following games will be held on that day. Students interested to participate in the games are hereby informed to give their names to the Physical Director/ Sports Committee members of the college before 1:00PM of 22nd Jan 2018.

Boys

- 1) Cricket

Girls

- 1) Throw Ball
- 2) Tug of war

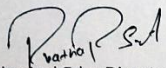
Athletics (Boys and Girls)

- 1) 100 Meter sprint
- 2) Shot put

Sports Committee members

Dr. M.CHANDRAJITH
MURALIMANO HAR M R

ARVIND G
SUNITHA S P


Physical Edu. Director
Physical Education Director
M.I.T. FIRST GRADE COLLEGE
29/1, 3rd Stage, Industrial Suburb
Fort Mohalla, Mysore - 570 024


Principal
PRINCIPAL
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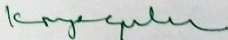
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