



**Maharaja Education Trust ®**  
**MIT First Grade College**

(Affiliated to University of Mysore)  
Industrial Suburb, Manandavadi Road, Mysuru -570008

**Report on – Yoga for women**

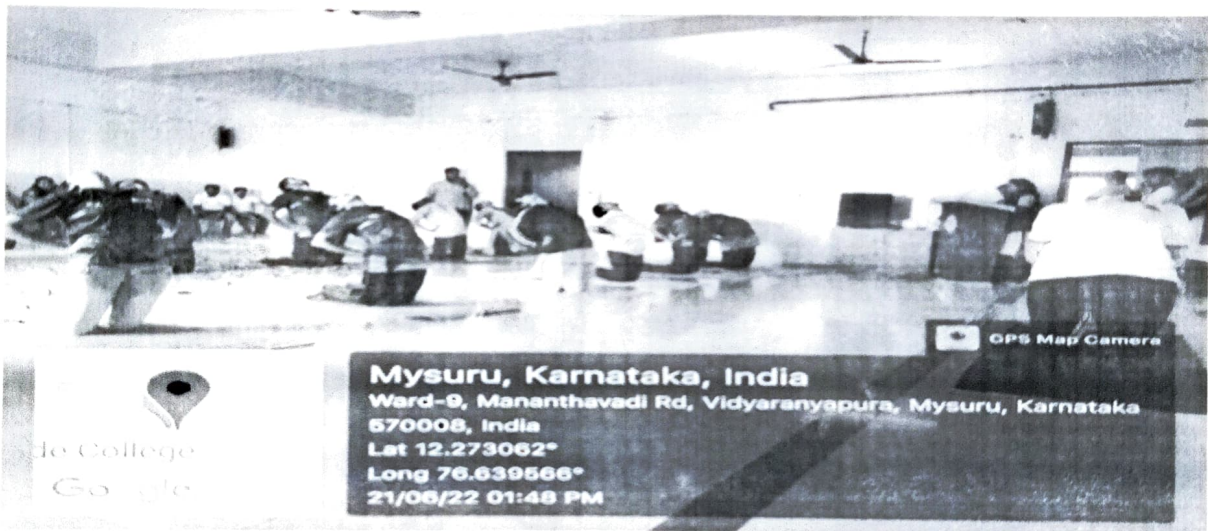
**Date of Event:** 21-06-2022

**No.of Participants:** 20 Students and faculty members

**Venue:** Function Hall, MIT FGC, Mysuru

**Objective:** To create awareness on the health benefits of Yoga

**Summary:** Yoga for Women was inaugurated on 21-06-2022 at MITFGC Mysuru, by Principal Prof. K. Nagegowda, and IQAC coordinator Asst. Prof. Suneetha. The classes are handled regularly by our peer yoga instructor Asst. Prof. Rohini who guides students theoretically and practically in function hall to improve the health of students.



**Fig: Yoga day Celebration**

  
**Coordinator**

  
**Principal**

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**Report on- Legal Awareness program on Anti-Ragging Laws**

**Date of Event:** 19/11/ 2021

**No. of Participants:** 80 students

**Venue:** MIT FGC, Mysuru

**Objective:** To familiarize students on the Anti -Ragging and its importance

**Resource Person:** Smt. Vidhya Vineeth, District Session Judge, Mysuru.

**Summary:** A legal awareness program was held at MIT FGC, Mysuru on 19/11/ 2021 at 10:30 AM in seminar hall. All First year BCA, B. Com and BBA students both girls and boys attended the awareness program. More than 80 students benefited the special lecture given from Smt. Vidhya Vineeth, District Session Judge, Mysuru.



**Fig: Legal awareness program**

  
Coordinator

  
Principal

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**Report on- Cultural Education**

**Date of Event:** 19/08/2021

**No.of Participants:** 80 students and all the faculty members

**Venue:** Function Hall MIT FGC, Mysuru

**Resource person:** Sri. Devanand Varapasad, Folk Artist


**Objective:** To promote cultural diversity by showcasing different types of cultural expression

**Summary:** Cultural Day 2021 was organized by Cultural Committee on 19th Aug 2021. The Chief Guest of the event was Sri. Devanand Varapasad, Folk Artist. Various cultural competitions were held and many students participated with zeal. Sri. N R Manjunath, Correspondent GSI, Mysuru, delivered the presidential speech.



**Fig: Cultural day being inaugurated by the dignitaries**

  
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**Report on- Cultural Event**

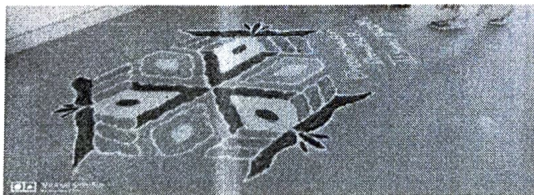
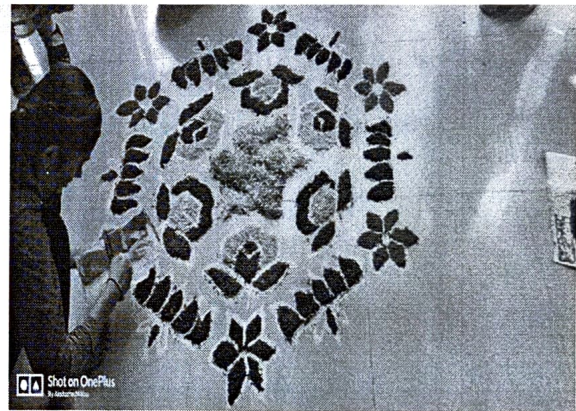
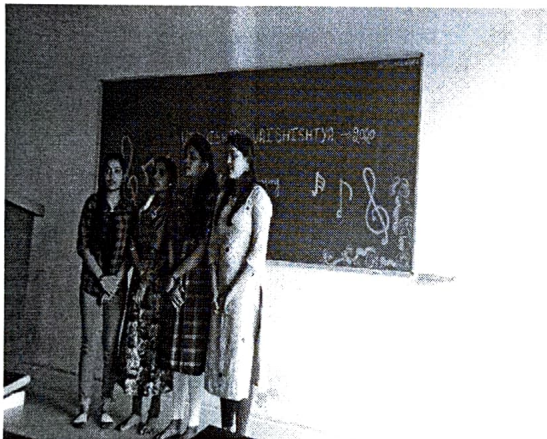
**Date of Event:** 03/05/2020

**No.of Participants:** 60 students

**Venue:** MIT FGC Mysuru

**Objective:** To encourage inclusive, equitable and vibrant participation by students in the arts, culture and heritage sectors.

**Summary:** Cultural Event under the banner Vishista Vaishisthya was organized at MITFGC,Mysuru on 03/05/2020, various competitions like, group singing, solo singing and rangoli were held to provide a platform for the students to exhibit their talents .



**Fig: Students actively taking part in cultural event**

  
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**Report on- Students Performing in Yuva Sambhrama/Dasara**

**Date of Event:** 29/09/2019

**No.of Participants:** 20 students

**Venue:** Yuvaraja/Pavilion Ground,Mysuru

**Objective:** To provide opportunities for learning in order to advance multicultural education, equity and social justice.

**Summary:** Students of MITFGC, Mysuru took part in grand performance in Yuva sambhrama at Yuvaraja/Pavilion Ground,Mysuru, On 29/09/2019. Students were accompanied by Faculty Members of the college.



**Fig: MIT FGC, Mysuru Students in Yuva- Dasara event**

  
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**Report on- Talents Day**

**Date of Event:** 14/08/2018

**No.of Participants:** 75 students

**Venue:** Function Hall, MIT FGC, Mysuru


**Objective:** To help boost the self-esteem, confidence, and assurance of youth.

**Summary:** Talents Day was organized at MITFGC,Mysuru on 14/08/2018 to provide opportunity for the students to showcase their talents students took part in various competitions such as, dancing,singing, skit and rangoli, etc.



**Fig:Students taking part in Talents day**

  
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