



MIT First Grade College

Affiliated to University of Mysore

169/1, New No.29/1, 3rd Stage, Industrial Suburb, Fort Mohalla, Mysuru-570 008

Ph : 0821-2331722 e-mail: mitfgcmysore@gmail.com, www.mitfgc.in

Ref. No. : MITFGC/

Date:

Smt. Shylaja B S
Assistant Professor
Dept. of Commerce and Management
MITFGC

Date: 28/01/2021

Dear mam,

Re: Letter of Appointment

We hereby confirm that Asst.Prof. Shylaja B S has been appointed to conduct Yoga classes for students to engage them in fitness and healthy lifestyle.

Bssja

Yours faithfully

K. S. S. S.

PRINCIPAL
M.I.T. FIRST GRADE COLLEGE
F-29/1, 3rd Stage, Industrial Suburb
Fort Mohalla, Mysuru-570 008



MIT First Grade College

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169/1, New No.29/1, 3rd Stage, Industrial Suburb, Fort Mohalla, Mysuru-570 008
Ph : 0821-2331722 e-mail: mitfgcmysore@gmail.com, www.mitfgc.in

Ref. No. : MITFGC/

Date:

Ms. Rohini Muger
Assistant Professor
Dept. of BCA
MITFGC

Date: 28/01/2021.

Dear mam,

Re: Letter of Appointment

We hereby confirm that Asst.Prof. Rohini Muger has been appointed to conduct Yoga classes for students to engage them in fitness and healthy lifestyle.

Yours faithfully

PRINCIPAL
M.I.T. FIRST GRADE COLLEGE
F-29/1, 3rd Stage, Industrial Suburb
Fort Mohalla, Mysuru-570 008

MIT First Grade College
Mananthavadi Road, Mysuru-08

Circular

Date: 01/02/2021

All the students of Bcom, BCA and BBM are hereby informed, that all of you have to attend event "Yoga for Women" on 02/02/2021 in college auditorium at 11:00 am.



Principal

PRINCIPAL

M.I.T. FIRST GRADE COLLEGE

F-29/1, 3rd Stage, Industrial Subur...

Fort Mohalla, Mysuru-570 008

Dal - IV BCA 'A'

III B.com 'B' - ds

Runa - I BCA

V B.com 'c' Rana

Raksh - III BCA 'B'

MP - III B.com 'A'

ds - V B.com 'A'

ds - V B.com 'B'



Maharaja Education Trust[R], Mysore

MET
REVOLUTION IN
EDUCATION

MIT FIRST GRADE COLLEGE

Manandavadi Road, Mysuru-08

Affiliated to University of Mysore

College code:1093

YOGA FOR WOMEN

Yoga Instructor

Smt. Shylaja B S

Kumari Rohini Mugur

Organized By: IQAC and Department of Physical Education and Sports Science

Date: 03/02/2021

Venue: Auditorium, MIT FGC



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YOGA FOR WOMEN

Prof. Shylaja B S

HoD, commerce and management
IT FGC, Mysore

Presided By

Prof. K Nagegowda

Principal, MIT FGC

Chief Guest

Asst Prof. Rohini Muger

Dept. of computer science, MIT FGC

Presence

Asst Prof. Sunitha S P

HoD, PG Center, MIT FGC
IQAC coordinator

Asst Prof. Arvind G

Dept. Of Computer science, MIT FGC

Asst Prof. Prathap S A

Director, Dept. of Physical education and Sports science
MIT FGC

Dr. G V Ravishanker

Dept. of Hindi, MIT FGC

Organized By: IQAC, Dept. of physical education and sports science, and women cell

Date: 03/02/2021

Venue: Auditorium, MIT FGC



Maharaja Education Trust[R], Mysore



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YOGA FOR WOMEN

Yoga Instructor

Smt. Shylaja B S

Kumari Rohini Muger

Organized By: IQAC and Department of Physical Education and Sports Science

Date: 03/02/2021

Venue: Auditorium, MIT FGC

Students & Staff participation list

Sl.No.	Student / Staff Name	Degree/Staff	Mobile Number	Signatures
1	Chaitanya	1 st Bcom	7829029985	Chait
2	Sinchana C.R	1 st B. Com	8722047359	Sinch
3	Bhavana Mirle	1 st B Com	9535837171	Bhavanakis
4	Gaganaluce S.	1 st B.com	9611052879.	Gagan S.
5	Chaitra H.K.	1 st BCom.	9945981591	Chaitra H.K.
6	Rakshitha.C.A	1 st Bcom	8867177198	Rak
7	Garvika S	1 st Bcom	8217478827	Garvika
8	Deepthi.N	1 st BCOM	9591095790	Deepthi
9	Rakshitha R	1 st Bcom	8050013611	Rakshitha
10	Sahana M.V.	1 st Bcom	8073137077	Sahana M.V.
11.	Kavana .	1 st B. com	9901984711	Kavana
12.	Preethi .P	1 st B. com	9845161958	Preethi
13	Nisarga Verma S	1 st B. Com	9008939007	Nisarga
14	Divyda .N	1 st B. Com	8660038259	Divyda

Sl.No.	Student / Staff Name	Degree/Staff	Mobile Number	Signatures
15	Yogalshree .L.	I st B.COM	7996937322	Yogalshree
16	Sindhu .R.K	I st B.com	9148909071	Sindhu .R.K
17	Rajeshwar .R.V.	I st B.com.	9606877118	Rajeshwar .R.V.
18	Deekshitha .S	I B.com	8217299587	Deekshitha .S
19	Kumuda .K	I st B.Com	9731477838	Kumuda .K.
20	Sushma K.I	I st B.com	9480410571	Sushma
21	Shanyashree.V	I st B.com	9380067963	Shanyashree .V
22	Chandana .R	I B.Com	7204961929	Chandana .R
23	Jyothi Shree .S	I st B.com	9353477967	Jyothi Shree .S
24	Neha .N	I st B.com	7795798797	Neha .N.
25	Shambhavi .B.S	I B.com	9901956016	Shambhavi
26	Pooja .H. Athavale	I B.com	9448697741	Pooja .H.
27	Ramya .M	I B.COM	8792588259	Ramya .M
28	Sonu .S	I B.COM	9611751434	Sonu .S
29	Reema mehraj	I B.COM	8147349583	Reema
30	Mamatha .B.S	I B.com	8310035809	Mamatha .B.S
31	Sahana .M	I B.COM	6360132048	Sahana .M
32	Ranjitha .S	I B.COM	9535565088	S. Ranjitha
33	Shree Lakshmi .K.S	I st B.COM	6362661715	Shree Lakshmi .S
34	Nipargai .K	I st B.COM	9008578878	Nipargai .K
35	Deepa Shree .S	I st B.COM	9844021273	Deepa shree .S
36	Prakruthi .A	I st B.COM	8147879554	Prakruthi
37	Vaishnavi .M	I st B.COM	9482875644	Vaishnavi .M
38	Meghana .S. Raj	I st BCA	8431376134	Meghana .S.Raj
39	Sonika .L	I st BCA	9663293050	Sonika .L
40	Nidhi .R. Un	I st BCA	8088765079	Nidhi .R. Un
41	Tabakum Banu	I st BCA	8431004904	Tabakum
42	Mamatha .S	I st BCA	9606273721	Mamatha .S
43	Ankitha	I st BCA	7019650724	Ankitha
44	Keeethana .S	I st BCA	89704187797	Keeethana .S
45	Ummekulsum	I st BCA	9945613749	Ummekulsum
46	Mary Jennifer	I st BCA	9980616394	Mary Jennifer
47	Bhavya Shree .S	I st BCA	8867068629	Bhavya

Sl.No.	Student / Staff Name	Degree/Staff	Mobile Number	Signatures
	Red Ja. Shylaja	Staff	944875548	Red Ja
	Yashini	Staff	9900974547	Yashini
	Aathasha d.M.	Staff	9942192294	Aathasha
	Kavansh	Staff	8880677828	Kavansh
	Deja Prathu-I	Staff	9632507547	Deja
	Supreetha	Staff	8095234872	Sup
	Aathashwari	Staff	9449406726	tabari
	Reena Sathesh	Staff	9945404996	Reena Sathesh
	S.S. Smita	Staff	9481620871	S.S. Smita
	Chaitanya k.N	STAFF	9686441760	Chaitanya
	Meghana JH	STAFF	9740254604	Meghana JH
	VASANTHI	STAFF	9844015454	V

Pratibha SA
Signatures

PRATIBHA SA

Coordinators

K. Nagar Gowda
Signatures

K. NAGAR GOWDA
Principal

PRINCIPAL
M.I.T. FIRST GRADE COLLEGE
F-29/1, 3rd Stage, Industrial Suburb
Fort Mohalla, Mysuru-570 008



MAHARAJA EDUCATION TRUST, ®MYSURU

MIT FIRST GRADE COLLEGE

MET
REVOLUTION IN
EDUCATION

Manandavadi Road, Mysuru-08
Affiliated to University of Mysore

SELF DEFENSE DEMONSTRATION TECHNIQUE AND LECTURE ON WOMEN'S SAFETY

Resource Person

Dr. D Ramani

Director, Dept. of Physical Education and Sports Science
Maharani's Science College for Women, Mysore

Mr. Shyam S Madaksira

Black Shas(Belt)In Wushu Kung Fu & Black Belt 2nd Degree In Kick Boxing

**Organized by: IQAC, Dept. of Physical Education and Sports Science and
Anti Ragging Cell**

Date: 05/02/2021

Venue: Auditorium, MIT FGC

ASST. PROT: SUNITA S R

MAHARAJA EDUCATION TRUST, @MYSURU



MIT FIRST GRADE COLLEGE

MET
REVOLUTION IN
EDUCATION

Manandavadi Road, Mysuru-08
Affiliated to University of Mysore

SELF DEFENSE DEMONSTRATION TECHNIQUE AND LECTURE ON WOMEN'S SAFETY

Inauguration

Dr. D Ramani

Director, Dept. of Physical Education and Sports Science
Maharani's Science College for Women, Mysore

Presided by

Prof: K Nagegowda

Principal, MIT FGC

Chief Guest

Mr. Shyam S Madaksira

Black Shas(Belt)In Wushu Kung Fu & Black Belt 2nd Degree In Kick Boxing

Presence

Asst. Prof: Sunitha S P

IQAC Coordinator and HOD PG Center, MITFGC

Prof: Shylaja B S

HOD, Dept. of Commerce and Management, MIT FGC

Asst. Prof: Arvind G

Dept. of Computer Science, MIT FGC

Prathap S A

Director, Dept. of Physical Education and Sports Science, MIT FGC

Dr. G V Ravishankar

Dept. of Hindi, MIT FGC

Organized by: IQAC, Dept. of Physical Education and Sports Science and Anti Ragging Cell

Date: 05/02/2021

Venue: Auditorium, MIT FGC

MIT FIRST GRADE COLLEGE

Manandavadi road, Mysore

Event: Women Self-Defence training

Trainers: Dr. D Ramani & Shyam S Madaksira

Participants

NAME	DEGREE	SIGNATURES
Shreya Shambhavi.N	V B.com ^A	Shreya
Ramya B.M	II B.com ^A	Ramya
Rachana M.B	- " -	Rachana
Charitra .S	- " -	Charitra
Manya .Y	- " -	Manya
Priyanka .M	- " -	Priyanka
Pooethi.K.M	- " -	Pooethi
Mehitha.M	III B.com ^B	Mehitha
SriLakshmi.S	III B.com ^B	SriLakshmi
Bibi.Hajira	III B.com ^B	Hajira
Charitha.Sheshadri	III A' BCA	Charitha
Yashaswini.K	III A' BCA	Yashaswini
Dhanusha.P	- " -	Dhanusha
Mahalakshmi.S	- " -	Mahalakshmi
Shwetha.K	- " -	Shwetha
Bruntha.	- " -	Bruntha
Harshitha.B	- " -	Harshitha
Harshitha.K.G	- " -	Harshitha
Bhuvana.V.J	- " -	Bhuvana
Yashaswini.M	III B.com ^B	Yashaswini
Chayadvi.S	" - "	Chayadvi
Bhavani.M.V	" - "	Bhavani
Maruja.R	" - "	Maruja
Sanjana.M.G	" - "	Sanjana
Namratha.R	" - "	Namratha
Lovanya.D.URS	" - "	Lovanya
Sreha.H.S	" - "	Sreha
Anulya.M.d	" - "	Anulya
Pavani.V.Babu	- " -	Pavani
Rakshitha.N	- " -	Rakshitha
Sahana.M	- " -	Sahana

Ist year b.com Sahana .M

Sanjana Raghve	- 11 -	Sanjana Raghve
Ramya G	- 11 -	Ramya G
Sonal Singh. Y	- 11 -	Sonal Singh. Y
Mamatha S	I-BCA	Mamatha S
Monisha K	- 11 -	Monisha K
Monika J	- 11 -	Monika J
Jyothi Shree S	I-BCOM	Jyothi Shree S
Kusuma M.S	I-BCOM	KUSUMA M.S.
Likitha G	I-BCOM	Likitha G
Pannaga Palyam R	I-BCOM	Pannaga Palyam R
Meghana S. Raj	I-BCA	Meghana S. Raj
Ankitha S	I-BCA	Ankitha S
Sabassum	I-BCA	Sabassum
Nidhi R. Urs	I-BCA	Nidhi
Ankitha	I-BCA	Ankitha
Rakshitha H.P	I-BCA	Rakshitha H.P
Rakshitha V	I-BCA	Rakshitha V
Tushitha R	I-BCA	Tushitha R
Pushpalatha T.M	I-BCA	Push T.M
Kemuda K	I-B.Com	Kemuda K.
Preethi P	I.B.com B	Preethi P
Pallavi	I.B.com B	Pallavi
Nisarga Urs S	I B.com B	Nisarga Urs S
Chaitanya Lakshmi, A.R.	I B.com B	Chaitanya
Bhavana Mirde	I B.com B	Bhavana Mirde
Divya N	I B.com B	Divya N
Deepthi N	I B.com B	Deepthi N
Rakshitha R	I B.com B	Rakshitha R
Sahana M.V.	I B.com	Sahana M.V.
Shambhavi B.S	I B.com	Shambhavi
Pooja H. Athawale	I B.com	Pooja H. Athawale
Sindhu R.K	I B.com	Sindhu R.K
Yogashree K	I B.com	Yogashree K
Mary Jennifer J	I BCA	Mary Jennifer J
Ummma Jafarum	I BCA	Ummma Jafarum
Rajeshwari P.U.	I B.com	Rajeshwari P.U.
Deekshitha S	I B.com	Deekshitha S
Neha N	I B.com	Neha N.
Starayashree V	I B.com	Starayashree V
Chandana R	I B.com	Chandana R
Gyanvi S.	I B.com	Gyanvi S.
Chaitra H.K	I B.com	Chaitra H.K
Rakshitha C.A	I B.com	Rakshitha C.A
Sirigona OR	I B.COM	Sirigona OR
Gayonashree S	I B.com	Gayonashree S

Sl.No.	Student / Staff Name	Degree/Staff	Mobile Number	Signatures
	Shylaja - B.S	Staff	9448750548	[Signature]
	Vanshini	Staff	9900944547	[Signature]
	Ashwathi. S.M.	Staff	9742192294	[Signature]
	Kavana. N	Staff	8884677828	[Signature]
	Deepa Prabhu. I	Staff	9632501547	[Signature]
	Supreetha	Staff	8095234872	[Signature]
	Latheswari	Staff	94441106726	[Signature]
	Reena Sateesh	Staff	9945404996	[Signature]
	S.P. Subilwa	Staff	9481820871	[Signature]
	Chaitra. K.N	STAFF	91686441760	[Signature]
	Meghana. JH	STAFF	9740254604	[Signature]
	VASANTHI	STAFF	9844015454	[Signature]

Prathap S A
Signatures

PRATHAP S A

Coordinators

[Signature]
Signatures

K NAYE Gowda

Principal

PRINCIPAL
M.I.T. FIRST GRADE COLLEGE
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Maharaja Education Trust[R], Mysore



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College code: 1093

WOMEN EMPOWERMENT OPPORTUNITIES AND CHALLENGES

Resource Person

Dr. Kumudini Acchi

HoD, MSW PG Department
JSS College, Ooty road, Mysore

Organized By: IQAC, Anti-Ragging Committee and Women Cell

Date: 10/02/2021

Venue: Auditorium, MIT FGC



Maharaja Education Trust[R], Mysore

MIT FIRST GRADE COLLEGE

**Manandavadi Road, Mysuru-08
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College code: 1093**

WOMEN EMPOWERMENT OPPORTUNITIES AND CHALLENGES

Inauguration

Dr. Kumudini Acchi
HoD, MSW PG Department
JSS College, Ooty road, Mysore

Presided By

Prof. K Nagegowda
Principal, MIT FGC

Chief Guest

Dr. M Chandrajith
Vice Principal, MIT FGC

Presence

Asst Prof. Sunitha S P
HoD, PG Center, MIT FGC
IQAC coordinator

Prof. Shylaja B S

HoD, Commerce and management, MIT FGC

Asst Prof. Arvind G

Dept. Of Computer science, MIT FGC

Asst Prof. Prathap S A

Director, Dept. of Physical education and Sports science
Coordinator, Anti Ragging cell , MIT FGC

Dr. G V Ravishanker

Dept. of Hindi, MIT FGC

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Resource Person

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JSS College, Ooty road, Mysore

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Date: 10/02/2021

Venue: Auditorium, MIT FGC

Students & Staff participation list:

Sl.No.	Student / Staff Name	Degree/Staff	Mobile Number	Signatures
01	Chaitanya	I B.com	7829039985	<u>Chaitanya</u>
02	Bhavana Mirale	I B.com	9535837171	<u>Bhavana Mirale</u>
03	Sinchana CR	I B.com	8722017359	<u>Sinchana CR</u>
04	Gaganashree S.	I B.com	9611052879.	<u>Gaganashree S.</u>
05	Rakshitika.C.A	I st B.Com.	8867177198	<u>Rakshitika</u>
06	Chaitra H.K	I st B.Com.	999598591	<u>Chaitra H.K.</u>
07	Ganavi S	I st B.com	8217478887	<u>Ganavi S.</u>
08	Deepthi N	I st B.com	9991095790	<u>Deepthi N.</u>
09	Rakshitika R	I st B.com	8050013611	<u>Rakshitika R.</u>
10	Sahana M.V.	I st B.com	8073137077	<u>Sahana M.V.</u>
11	Kavana	I st B.com	9901984711	<u>Kavana</u>
12	Parvathi P	I st B.com	9845161958	<u>Parvathi P.</u>
13	Nisarga Urs.S	I st B.Com	9008939007	<u>Nisarga Urs.S.</u>
14	Divya N	I st B.com	8660038259	<u>Divya N.</u>
15	Yogeshwari L.	I st B.com	9996937322	<u>Yogeshwari L.</u>
16	Sindhu R.K.	I st B.com.	9148909071	<u>Sindhu R.K.</u>
17	Rajeshwari R.O.	I st B.com.	9606877118.	<u>Rajeshwari R.O.</u>
18	Deekshitha S	I B.com	8217299587	<u>Deekshitha S.</u>
A	Kumuda.K	I st B.Com	9731477838	<u>Kumuda.K.</u>
20	Sushma K.I	I st B.com	9480410571	<u>Sushma K.I.</u>
21	Shravyashree V	I B.com	9380067963	<u>Shravyashree V.</u>
22	Chandana R	I B.com	7204941529	<u>Chandana R.</u>
23	Jyothi Shree S	I st B.Com	9353477967	<u>Jyothi Shree S.</u>
24	Neha N	I st B.com	7795798797	<u>Neha N.</u>
25	Pooja H.Athavale	I st B.Com	9448697741	<u>Pooja H.Athavale</u>
26	Shambhavi B.S	I B.com	9901956016	<u>Shambhavi B.S.</u>
27	Ramya M	I B.com	8992588259	<u>Ramya M.</u>
28	Shruti S	I B.com	9611751434	<u>Shruti S.</u>
29	Reema mehraaj	I B.com	8147349583	<u>Reema mehraaj</u>
30	Mamatha B.S	I B.com	8310035809	<u>Mamatha B.S.</u>
31	Sahana M	I B.com	6360132048	<u>Sahana M.</u>
32	Ranjitha S	I B.com	9535565088	<u>Ranjitha S.</u>
33	Shree Lakshmi K.S	I st B.com	6362661715	<u>Shree Lakshmi K.S.</u>
34	Nipargan K	I st B.com	9008578878	<u>Nipargan K.</u>
35	Deepa Shree S	I st B.com	9844031073	<u>Deepa Shree S.</u>
36	Prakruthi A	I st B.com	8141879554	<u>Prakruthi A.</u>
37	Vaishnavi M	I st B.com	9482875664	<u>Vaishnavi M.</u>
38	Meghana S.Raj	I B.CA	8431376134	<u>Meghana S.Raj</u>
39	Sonika L.	I B.CA	9663293050	<u>Sonika L.</u>
40	Nidhi R.D.M	I st B.CA	888765079	<u>Nidhi R.D.M.</u>
41	TARASU BANU	I st B.CA	8431004704	<u>TARASU BANU</u>

No.	Student / Staff Name	Degree/Staff	Mobile Number	Signatures
	Vasuhimmi	Staff	9900974514	
	Alkatha. A.M	Staff	9742192294	
	Kavana. N	Staff	8884677828	
	Deepa Prabhu. I	Staff	9632507547	
	Supreetha. S	Staff	8095234872	Sup
	Shylaja. S	Staff	9448780548	Roll No
	Latheswar	Staff	9609406720	lab
	Rupa Sateesh	Staff	9945404996	Rupa Sateesh
	S. Seemba	STAFF	9481820671	
	Chaitra. S. N	STAFF	9686461760	
	Meghana. JH	STAFF	9740254604	Meghana. JH
	VASANTHI	STAFF	9844015454	

Signatures

Alex K. HART

Coordinators

Signatures

K. Narayana Gowda

Principal
PRINCIPAL
M.I.T. FIRST GRADE COLLEGE
 # F-29/1, 3rd Stage, Industrial Suburb
 Fort Mohalla, Mysuru-570 003